



SUFFERING WELL

Psalm 13
July 4/5, 2026
Minister AJ Kratz

Psalm 13 teaches us to suffer _____

Pattern in the Psalms:

Orientation > Disorientation > New Orientation

Psalm 13 is an individual _____

Verses 1-2 depict David's _____

"How Long?" tells us this situation is _____

"How Long?" communicates an _____

For the LORD your God is a merciful God; he will not abandon or destroy you or forget the covenant with your ancestors, which he confirmed to them by oath. - Deuteronomy 4:31 (NIV)

"I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you." - Genesis 12:2-3 (NIV)

Suffering well means _____ **your suffering to God** (vv.1-2)

When we suffer, there is no obligation to continue _____

On the willows there we hung up our lyres. For there our captors required of us songs, and our tormentors, mirth, saying, "Sing us one of the songs of Zion!" - Psalm 137:2-3 (ESV)

Lyre: A musical instrument of joy (ZIBBC)

In verses 3-4, David _____

I will take you to be my people, and I will be your God, and you shall know that I am the LORD your God, who has brought you out from under the burdens of the Egyptians. - Exodus 6:7 (ESV)

When the righteous cry for help, the LORD hears and delivers them out of all their troubles. - Psalm 34:17 (ESV)

Sleep: *yâshên* - to be slack or languid, i.e. (by implication) sleep (figuratively - to die) (Strong's)

David's petitioning comes from a place of _____

Suffering well means petitioning in _____

Suffering well means we _____ (vv.4-5)

In verses 5-6, David _____

Suffering well provides us with a _____ **of God**

Suffering well means moving forward from _____ **to** _____

For everything there is a season, and a time for every matter under heaven...a time to weep, and a time to laugh; a time to mourn, and a time to dance... - Ecclesiastes 3:1,4 (ESV)